

REBEL PERSONALITY TYPE

10 Day-to-Day Professional Tips

- Decorate your area the way you like, e.g. with lights, colors, gadgets or wild pictures
- Have a music player in the workplace
- Join or start a sports team
- Attend professional conferences
- Take a class or attend seminars or lectures with others in your profession
- Use your breaks and lunch hours to move around and visit others
- Take brief exercise and stretch breaks throughout the day
- Let your creativity shine, while remaining in line

